The most important thing you can do for you and your family is to stay healthy. The District’s onsite clinic can help you and your family meet your goals for healthy living. The clinic is open to all **WUSD** employees/spouses/dependents (between ages two and twenty-six) and retirees/spouses enrolled in the District’s health insurance plan. The clinic is staffed by a Nurse Practitioner and Medical Office Assistant, and offers a wide variety of acute, preventative, and disease management services.

**SERVICES**

**Acute Care** – getting back to healthy
Treating illnesses, minor injuries, and skin conditions
- Cold/flu
- Conjunctivitis
- Cuts
- Headache/migraine
- Infections

**Preventive Care** – staying healthy
Administering vaccines, health education, and wellness services
- Screenings
- Wellness coaching
- Immunizations
- HRA compliance visits
- Physicals

**Disease Management** – helping you stay healthy
Developing treatment plans and follow-up for chronic conditions such as (but not limited to):
- Allergies
- Asthma
- EAP Referrals
- Diabetes
- Emphysema
- High blood pressure
- High cholesterol
- Thyroid conditions
- Weight management
- Flu shots

**Minor Work Related Injuries**

**QUALITY OF CARE**

**Nurse Practitioner (NP)**
- Performs physical exams,
- Orders and interprets tests,
- Provides treatments,
- Can prescribe medication

**Medical Assistant (MA)**
- Performs administrative/clerical tasks
- Measures vitals
- Administers medications and injections

**LOCATION - HOURS**

**WUSD Health and Wellness Clinic**
111 Dodge St. Watertown, WI 53094
Clinic door is in the rear of the building on Spring St.

- **Tuesdays & Thursdays:**
  - 7:00 a.m. – 1:30 p.m.

- **Wednesdays:**
  - 12:00 p.m. – 7:00 p.m.

- **One Saturday per Quarter**

Schedule an appointment by calling **920-206-3310**

Online scheduling also available after your first clinic visit!