



The most important thing you can do for you and your family is to stay healthy. The District's onsite clinic can help you and your family meet your goals for healthy living. The clinic is open to all WUSD employees/spouses/dependents (between ages two and twenty-six) and retirees/spouses enrolled in the District's health insurance plan. The clinic is staffed by a Nurse Practitioner and Medical Office Assistant, and offers a wide variety of acute, preventative, and disease management services.



SERVICES

Acute Care – getting back to healthy

- Treating illnesses, minor injuries, and skin conditions
- Cold/flu
 - Conjunctivitis
 - Cuts
 - Headache/migraine
 - Infections
 - Muscle and joint pains
 - Nausea/vomiting
 - Rashes
 - Sinus infections
 - Sore and strep throat

Preventive Care – staying healthy

Administering vaccines, health education, and wellness services

- Screenings
- Wellness coaching
- Immunizations
- HRA compliance visits
- Physicals

Disease Management – helping you stay healthy

Developing treatment plans and follow-up for chronic conditions such as (but not limited to):

- Allergies
- Asthma
- EAP Referrals
- Diabetes
- Emphysema
- High blood pressure
- High cholesterol
- Thyroid conditions
- Weight management
- Flu shots

Minor Work Related Injuries



QUALITY OF CARE

Nurse Practitioner (NP)

- Performs physical exams,
- Orders and interprets tests,
- Provides treatments,
- Can prescribe medication

Medical Assistant (MA)

- Performs administrative/clerical tasks
- Measures vitals
- Administers medications and injections



LOCATION - HOURS

WUSD Health and Wellness Clinic

111 Dodge St. Watertown, WI 53094
Clinic door is in the rear of the building on Spring St.

Tuesdays & Thursdays:

7:00 a.m. – 1:30 p.m.

Wednesdays:

12:00 p.m. – 7:00 p.m.

One Saturday per Quarter

Schedule an appointment by calling

920-206-3310

Online scheduling also available after your first clinic visit!



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